

BONDED

BONDED is an outdoor production performed by award-winning dancers, Kristina and Sadé Alleyne of Alleyne Dance.



BONDED

explores the construct of human dependency – especially that of siblings – and how time and external conditions can affect the synergetic connection.

Performed by twin sisters, Kristina and Sadé, the work takes the audience through a transitional journey of inter- and independency through abstract dance narrative.



The piece starts with a physical divide present on stage.

This physical divide can be pushed and rotated 360 degrees.



The set fills with mist from the inside and releases out into the open air once a door is open.



There are two delicate white sheets that will be pulled down and revealed.

These sheets have drawings that represent the connection and disconnection of the sisters.

You can also find these drawings on the white tops and white bottoms of their costumes.

BONDED is split into 5 sections:
Womb, Life, Imbalance, Dependency, Moving On



Womb

The sisters start in the big metal and plastic structure, physicalising the energy of being connected and moving around each other in this confined space.



Life

The sisters then exit in opposite directions with their movements mirror each other.

This divide, though keeping the sisters apart, also demonstrates their connection as we see them moving and responding to external factors in the same identical manner.



Imbalance

At a certain point, the connection is broken and the sisters' synergy interrupted, causing an imbalance.

The sisters begin to interact more with the set, pushing it to move around 360 degrees.

One sibling becomes less able to keep up, physically and mentally and we begin, for the first time, to see them as two individuals.





Dependency

As the physical bond slowly deteriorates the internal bond of love, support and connection strengthens.

One of the sisters, Sadé, goes into the set as it fills with mist, and she disappears from the audience.

The other sister, Kristina, then runs around and pushes the set until she can see her sister again.



Moving On

Once Kristina pushes through the set and sees Sadé, she mirrors her movements.

Kristina then climbs onto the top and meets her sister, who is already on the top.

The sisters finally embrace, which mirrors the same actions that happened in the beginning of the Womb.