

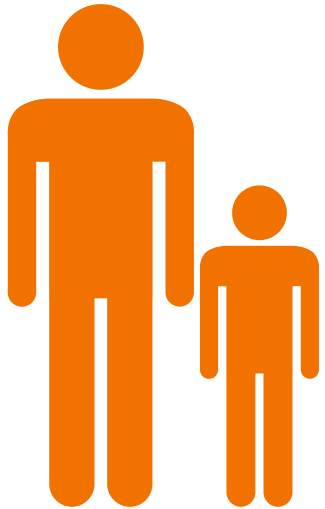
Roll Model by Simple Cypher Easy Read Guide



Audience Information



The show is **35 minutes** with no interval.



The show is suitable for **all ages**, including children.



There is **loud music** playing for the whole show.

You are welcome to wear your headphones.



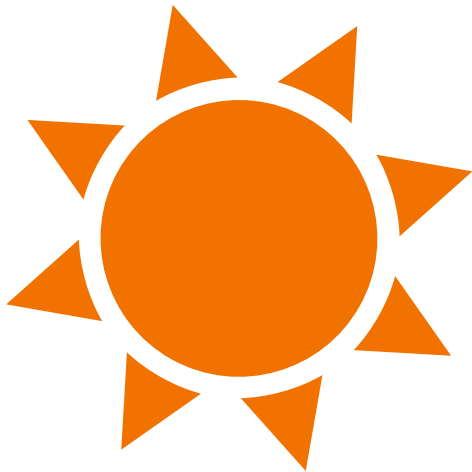
You are welcome to:

- Make noise
- Get up and move around - just not on stage
- Leave at any time



You can take pictures or videos. Please make sure your flash is turned off because it could distract the performers.

If you post on social media please tag us **@simplecypher**



The show is performed **outside.**

It may be a bit **busy and noisy** at the event. There will be **staff** around to **direct you** and **keep everyone safe.**

The Show



There are **5 performers** and they all combine different **circus skills** and **Hip Hop dance**.



The show is about finding your troupe, **fitting in** and how we're shaped by **the people we spend time with**.



Sometimes they work in teams like in the battle scene where they have a dance off.



Sometimes one person is separate from the group like when Jaide is left alone on stage.



Sometimes they are all working together as a group like when they are all juggling together.



It is a **fun** show, with **high energy** and lots going on.



This is Jan, the composer. He **made the music** especially for the show.

The music is in the style of **Hip Hop** and helps to create the mood of each section.



The performers are **professional** circus acrobats and they have trained their skills so that they can **perform them safely**.



This is a **Cyr wheel**. It is a **heavy metal ring** and the performers use it to spin around and perform tricks.

Even though it is heavy the performers make it look light and flowing.



This is a **crossed Cyr wheel**. It is like two Cyr wheels that have been put together to make a 3D shape.

It is heavier than a normal Cyr wheel and it can move in even more ways.



These are **juggling clubs**. They are heavier at one end which means when you throw them they **spin in the air**.

As well as **throwing and catching**, the performers **roll** them, **balance** them and **spin** them.



These are **juggling balls**. The performers throw and catch the balls in front of them and around their bodies.

They throw them to each other to make **patterns**.



They also juggle with **hats and shoes**. They do tricks like flipping shoes onto their feet.



Sometimes when juggling **they will drop** something. If that happens they will just **pick it back up** and carry on.



The performers like to do different types of **Hip Hop** dancing, like **break dancing** and **body popping**.



They perform different **acrobatic tricks** like handstands, flips and balancing on top of each other.



We encourage you to **clap and cheer** if you see something that you like.

We really hope you **enjoy the show!**

If you have any feedback about this Easy Read guide please contact:
hello@simplecypher.com

Credits

Director:	Brooke Milliner
Performers:	Kieran Warner, Chris Thomas, Ed Stephen, Jaide Annalise, Shane Hampden
Composer:	Jan Baranowski
Costume design:	Saehee Simmons
Production Manager:	Callum Thomson
Executive Producer:	Kevin Wratten
Assistant Producer:	Amy Greenwood
Access Producer:	Ruby Burgess

Roll Model is supported using public funding by Arts Council England.

Co-commissioned by FESTIVAL.org, Crying Out Loud, Boing Festival, iCCi / University of Kent, Creative Crawley, Basingstoke Festival and Swindon Dance. Supported by 101 Outdoor Arts Creation Space and the National Centre for Circus Arts.