

I think we should start over

Choreographed by Jamaal Burkmar

Visual Guide



I think we should start over is created for outdoor spaces by Candoco Dance Company, choreographed by Jamaal Burkmar.

Candoco creates work with disabled and non-disabled artists.



I think we should start over is performed by two dancers:

Caroline Lofthouse and Maiya Leeke, Vanessa Abreu is the understudy.



Performance Information

This choreography is 15 minutes.



There is music and recorded talking throughout the performance.

The recorded talking is from podcasts and an audio book.

At the end there is a song with lyrics.



There is a table, one stool, and a microphone stand with a microphone attached in the space.

At the back of the stage there is a big digital clock.

The clock counts down from 15 minutes, the performance ends when it reaches 0.



QR Code

There are stands with a QR code on them.

Scanning this with your phone camera will give access to a transcript of the sound and an audio described video of the performance.

If you choose to use the transcript the clock will mark where we are.

I think we should start over is choreographed by Jamaal Burkmar in collaboration with the dancers.



My name is Maiya!

I am a tall white British female wheelchair user with brown and blonde shoulder length hair in my mid 20s.



My name is Caroline!

I am a slim white British woman with short dyed blonde hair.



My name is Vanessa!

I am a cisgender female, of mixed ethnicity (black African and white European) with brown, curly hair tied up in a bun in my late 30s.

If Maiya or Caroline are not able to perform I take their place!



I think we should start over explores communication.

The dancers communicate through gestures and movement that were created using spoken dialogue, song lyrics and music.

I think we should start over has 5 sections.

Beeps signify the start of a new section.



Section 1:

In the music there are two people having a conversation for a podcast, they lose grip of what they are talking about so they start over.

We do the same by exiting the stage and re-entering.

We move to the rhythm of the voice, pauses and the tone. There is an edge of sarcasm in their voices.



Section 2:

The tone of this section is lighter and this is reflected in our movement.

We are recalling a memory and our movements follow the words that are being said.



Section 3:

We address the audience with an explanation.

We pick up pauses and the rhythm of the words.

We repeat movements on the words 'Big Bang'.



Section 4:

We welcome the audience and welcome each other in this section.

Sometimes we move to the rhythm of the words and sometimes we move to unheard music.

It ends with us seeing the space, the audience and each other.



Section 5:

We sit at the table and take it in turns to speak and listen to each other, we use gestures instead of words.

At this point the choreography is more free and we respond to chords in the music.

We notice each other's movement and energy. We play by leading and following each other and sometimes catch the same movement.

We return to the table as the opening podcast starts over.